





## **Nurture**Group Free Play & Support Group

*Nurture*Groups are facilitated by our *Nurture*Program Team who themselves have had a premature or sick newborn. Parents can receive ongoing support while babies and children from birth to starting school can learn and develop through play in a fun and relaxed environment. Siblings are welcome.

Parents and carers can meet, share stories, exchange ideas on parenting, tackle medical issues, rebuild support networks and form lasting friendships.

**NSW - Canterbury/Bankstown 2024** Tuesdays,10.30am - 12.00pm Greenacre Area Community Centre 87 Waterloo Rd, Greenacre

January 30 February 6, 13, 20, 27 March 5, 12, 19, 26 April 2, 9, 30

May 7, 14, 21, 28 June 4, 11, 18, 25 July 2, 23, 30 August 6, 13, 20, 27



Please register online before attending *Nurture*Group

September 3, 10,17, 24 October 15, 22, 29 November 5, 12, 19, 26 December 3, 10

## NurtureGroup has a strict wellness policy for all attendees.

